



JACKSON COUNTY

Health & Human Services

**Health & Human Services
Public Health Division**

140 S. Holly St.
Medford, OR 97501

COVID-19 Update September 28, 2020

	CASES	FATALITIES
WORLD (9/28/20, per Johns Hopkins)	33,213,739	999,202
USA (9/28/20, per Johns Hopkins)	7,127,210	204,861
OREGON (9/27/20, Per OHA)	32,820	547
JACKSON COUNTY(9/28/20, per JC HHS)	1,160	5
TOTAL ACTIVE/INFECTIOUS CASES – JACKSON COUNTY (9/28/20, per JC HHS) - 177		

(Note: The above numbers are current at the time of release but continue to change constantly.)

PRESS RELEASE ON BEHALF OF JACKSON COUNTY

If you have any questions, please reach out to the contact listed below.

FOR IMMEDIATE RELEASE: September 28, 2020

For media interview requests, please contact Tanya Phillips.

Tanya Phillips
Health Promotion Program Manager
Jackson County Public Health
(541) 770-7708 - phillitf@jacksoncounty.org

New COVID-19 Cases Reported in Jackson County & Flu Season and COVID-19

[Medford, Oregon] —Jackson County Public Health reports 13 new COVID-19 cases as of 12:01 am on September 28, 2020. Jackson County Public Health performs quality assurance on COVID-19 data, it was found that a previously reported case was a duplicate and has been removed from the total reported cases. This update brings the total reported COVID-19 cases in Jackson County to 1,160. To access additional data on the total COVID-19 cases, visit the [Situation in Jackson County, Oregon](#) webpage, or the [Oregon Health Authority's COVID-19 Data Dashboard](#) website.

As the season begins to change, bringing colder and wetter weather, this change also means that flu season is approaching. Many health experts are concerned that this year's flu season, on top of the COVID-19 pandemic, could increase people's risk of contracting both infections and this could be significantly worse than getting either one of these separately. There is a concern that this could overburden the healthcare system, and strain the testing capacity. In this context, getting a flu vaccine will be more important than ever this year. There is no vaccine to prevent COVID-19.

Jackson County Public Health recommends annual influenza (flu) vaccination for everyone 6 months and older with any licensed, age-appropriate flu vaccination. September and October are good times to get vaccinated. However, as long as flu viruses are circulating, vaccination should continue, even in January or later.

Flu season in the United States typically peaks in December through February, but it can vary in different parts of the country and from season to season.

Flu and COVID-19

The flu and COVID-19 are both contagious respiratory illnesses, but different viruses cause them. Because some of the symptoms of the flu and COVID-19 are similar, it may be hard to tell the difference between them based on symptoms alone, and testing will be needed to help confirm a diagnosis.

Common symptoms that flu and COVID-19 share:

- Fever or feeling feverish/chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue (tiredness)
- Runny or stuffy nose
- Muscle pain or body aches
- Headache
- Some people may have vomiting and diarrhea, though this is more common in children than adults

Differences:

- Other signs and symptoms of COVID-19, different from flu, may include a change in or loss of taste or smell.

Those at highest risk of developing complications from the flu and COVID-19 include older adults, people with underlying medical conditions, and pregnant people. The risk of complications for healthy children is higher for flu compared to COVID-19.

How Long Before Symptoms Appear After Exposure

If a person has COVID-19, it could take them longer to develop symptoms than if they had the flu.

- With the flu virus, typically, a person develops symptoms anywhere from 1-4 days after coming into contact with the influenza virus
- For COVID-19, typically, a person develops symptoms 5 days after being infected but can range from 2-14 days.

This fall and winter, we must take extra precautions to prevent the spread of flu and COVID-19. Take these everyday preventative actions to stop the spread of germs:

- Avoid close contact with people who are sick
- Limit your contact with others if you are sick
- **Wear a mask**
- Cover your coughs and sneezes
- **Wash your hands**
- Avoid touching your eyes, nose, and mouth.
- Clean and disinfect surfaces and objects that are frequently touched
- **Watch your distance**

For more information on the [Differences between Flu and COVID-19](#) please visit the CDC website.

For more information on COVID-19:

The public can call 211-information with general questions

OHA Emerging Respiratory Disease page: www.healthoregon.org/coronavirus

CDC COVID-19 page: www.cdc.gov/coronavirus/2019-ncov/index.html

CDC Travel within the US: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>

Jackson County Health and Human Services: <http://jacksoncountyor.org/hhs/COVID-19>

Oregon COVID-19 Testing Location Finder: <https://govstatus.egov.com/or-oha-covid-19-testing>

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