



JACKSON COUNTY

Health & Human Services

Health & Human Services
Public Health Division

140 S. Holly St.
Medford, OR 97501

COVID-19 Update January 2, 2021

	CASES	FATALITIES
WORLD (1/1/21, per Johns Hopkins)	84,267,466	1,813,1857
USA (1/1/21, per Johns Hopkins)	20,252,964	348,617
OREGON (1/1/21, Per OHA)	115,339	1,490
JACKSON COUNTY (1/2/21, per JCHHS)	5,955	72
TOTAL ACTIVE/INFECTIOUS CASES – JACKSON COUNTY (1/2/21, per JC HHS) - 634		

(Note: The above numbers are current at the time of release but continue to change frequently)

PRESS RELEASE ON BEHALF OF JACKSON COUNTY

If you have any questions, please reach out to the contact listed below.

FOR IMMEDIATE RELEASE January 2, 2021

For media interview requests, please contact Tanya Phillips. Interviews will be scheduled with Dr. Jim Shames, Jackson County Medical Director.

Tanya Phillips Health Promotion Program Manager - Jackson County Public Health
(541) 770-7708 - phillitf@jacksoncounty.org

Jackson County COVID-19 Daily Press Release

[Medford, Oregon] —Jackson County Public Health reports:

- 49 new COVID-19 cases as of 12:01 am on January 1, 2021
- 22 new COVID-19 cases as of 12:01 am on January 2, 2021. This number is lower than expected because Jackson County Public Health was closed on New Year’s Day. Jackson County Public Health anticipates that tomorrow’s daily case count may be higher than expected.
- Total reported COVID-19 cases in Jackson County to 5,955.

For additional COVID-19 data, visit the COVID-19 Data Dashboard at [Situation in Jackson County, Oregon](#) webpage. The [Oregon Health Authority’s COVID-19 Data Dashboard](#) website does publish Jackson County COVID-19 data.

Healthy Resolutions for 2021

Quit smoking or vaping: As a smoker, you or the people who care about you may be worried about a connection between COVID-19 and smoking. Scientists are still learning about the disease, but we know that:

- Being a current smoker increases your risk for severe illness from COVID-19.
- Teens and young adults who vape face a higher risk of COVID-19 than their peers who do not vape.
- Smoking and vaping weakens the immune system, which makes it harder for your body to fight disease.
- If you continue to smoke, you have a greater risk for respiratory infections like pneumonia, colds, or flu.
- COVID-19 impacts many of the same organs of the body as smoking or vaping. For those with heart or lung disease caused by smoking, you are at increased risk for severe illness from COVID-19.

But there is good news: Soon after you stop smoking, your body begins to heal. Within the first few weeks and months, your lungs start to work better, and your risk for a heart attack goes down. The longer you go without smoking, the more

time your body has to recover. No matter how old you are or how long you've been smoking, quitting smoking improves your health and can add years to your life.

Free resources to help you quit smoking or vaping are available to everyone in Oregon. Call 1-800-QUIT-NOW or visit quitnow.net/Oregon for information in English. For Spanish speakers, call 1-800-DEJALO-YA or visit quitnow.net/mve/quitnow and select Español.

Get vaccinated: It's not too late to get a flu shot. Since COVID-19 and flu could spread at the same time this winter, it's important to get a flu vaccine to protect against flu illness [and serious flu complications](#), such as lasting conditions getting worse or pneumonia. Find a flu vaccinator near you at vaccinefinder.org.

And when it's your turn, resolve to get a COVID-19 vaccine. The COVID-19 vaccines are 95% effective and have gone through rigorous testing. The FDA and a safety board reviewed every study, every phase, and every trial. Getting the vaccine will keep you and your family safe.

As the rollout continues in Oregon, the Oregon Health Authority and Jackson County will keep you up to date.

Jackson County Public Health is following the OHA's Vaccine Distribution and Sequencing Plan for COVID-19. Oregon is currently in the Phase 1A, Group 1 of the Vaccine Distribution and Sequencing Plan for COVID-19.

- Phase 1A, Group 1 includes hospitals, urgent care, skilled nursing, and memory care facility HCP and residents; tribal health programs; EMS providers, and other first responders.

For more information on the OHA's Vaccination Plan, please access the [OHA's Vaccine Prioritization](#) website.

Support your mental health: It's OK if you're not OK. If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or if you feel like you want to harm yourself or others, call:

- Call 911
- Jackson County Mental Health Crisis line (541)774-8201
- Suicide Lifeline (800) 273-8255
- Stay + Strong Help Line: (800)-923-4357 (800-923-HELP)
- Senior Loneliness Line (503) 200-1633
- Military Helpline (888) 457-4838
- YouthLine (877) 968-8491 or Text HELLO to 741741
- Visit the National Domestic Violence Hotline or call 1-800-799-7233 and TTY 1-800-787-3224
- Visit the Disaster Distress Helpline or call 1-800-985-5990 and TTY 1-800-846-8517 Or text TalkWithUs to 66746

Extreme Risk: What's Open in My County?

The best way to find accurate information on the COVID-19 Risk Level for Oregon Counties and what activities are open is to access the Governor's website, [What's Open in My County](#) page. This website also provides the metrics for the COVID-19 Risk Levels. Currently, Jackson County is under the Extreme Risk level, and disease activity continues to be widespread in the county.

For more information:

- The public can call 211-information with general questions
- OHA Emerging Respiratory Disease page: www.healthoregon.org/coronavirus
- CDC COVID-19 page: www.cdc.gov/coronavirus/2019-ncov/index.html
- OHA COVID-19 Vaccine: <https://govstatus.egov.com/or-oha-covid-vaccine>
- CDC COVID-19 Vaccine: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html>
- CDC Travel within the U.S.: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>
- Jackson County Health and Human Services: <http://jacksoncountyor.org/hhs/COVID-19>
- Oregon COVID-19 Testing Location Finder: <https://govstatus.egov.com/or-oha-covid-19-testing>

- For more information on how to celebrate the holidays safely, visit the [CDC COVID-19 Holiday Celebrations](#) webpage.
- Review the [Statewide Mask, Face Covering, Face Shield Guidance](#) for detailed information

###