

Health & Human Services Public Health Division

140 S. Holly St. Medford, OR 97501

COVID-19 Update 4/10/20		
	CASES	FATALITIES
WORLD (4/10/20, per Johns Hopkins)	1,673,423	101,732
USA (4/10/20, per Johns Hopkins)	486,490	18,002
OREGON (4/9/20, per OHA)	1,321	44
JACKSON COUNTY(4/10/20, per JC HHS)	43	0

(Note: The above numbers are current at the time of release, but continue to change constantly.)

PRESS RELEASE ON BEHALF OF JACKSON COUNTY

If you have any questions, or would like an interview, please reach out to the contact listed below.

FOR IMMEDIATE RELEASE: April 10, 2020

For media interviews with Dr. Jim Shames, Jackson County Medical Director, please contact Tanya Phillips as soon as possible. Dr. Shames will be available between 1:30 pm and 2:30 pm.

Tanya Phillips Health Promotion Program Manager Jackson County Public Health (541) 770-7708 phillitf@jacksoncounty.org

Jackson County Public Health Reports No New COVID-19 Cases, Advises Public to Stay Home for Holidays and Sacred Traditions

[Medford, Oregon] — April 10, 2020, Jackson County Public Health has no new cases of COVID-19 cases to report for the day. The total number of cases in Jackson County remains at 43. At this time, there are no fatalities from COVID-19 reported in Jackson County. For demographic data on the total cases, please access the Jackson County HHS COVID-19 webpage. This data is located under the <u>Jackson County Daily Situational Update</u> tab.

Holidays and sacred traditions during this time of year often bring scenes of people congregating for worship and friends and family gathering for traditional meals. This year, things will look much different.

It will be difficult for many of us to be apart during this time when many communities of faith traditionally come together for religious observances and celebrations. In the next month, many faith traditions will experience restrictions of their holidays such as Passover, Easter, Ramadan, Rama Navami and Vaisakhi. Please know that the sacrifice you are making by staying home will help to save lives in our community.

If you plan to observe holidays and sacred traditions during this time, Jackson County Health and Human Services wants to remind everyone that the best way to celebrate with your family, friends and community is from a distance.

Attend a virtual service

- Connect with friends and family over video calls during planned mealtimes
- Take this year for personal reflection on what the holiday means to you
- Remember to call the older adults in your life

When enjoying this beautiful weather, please remember to remain at least six feet away from others. Here are some ideas on how you can enjoy the sun and still flatten the curve:

- If you're able to maintain physical distancing, enjoy the outdoor areas of your residence.
- Have an outdoor picnic at your residence with the people you live with.
- Have a virtual picnic with friends.
- Get things done at home, such as gardening or washing your car.
- Open doors and windows to get fresh air while remaining inside.
- Enjoy solo physical activities or those with members of your immediate household such as walking, biking, running or rolling.
- Wave to your neighbors from a distance. Let them know you're happy to see them.

When enjoying this beautiful weather, please don't:

- Participate in group sports
- Hike on crowded trails
- Attend social gatherings
- Travel

And, please don't go out if you're sick.

The commitment our communities in Oregon have made to practice physical distancing is paying off, but we most continue that with that dedication. We appreciate everyone's commitment to staying home and saving lives. As we continue through this uncertain time, we ask that you continue to be kind to one another, give each other grace and show gratitude.

For more information:

The public can call 211-information with general questions

OHA Emerging Respiratory Disease page: www.healthoregon.org/coronavirus

CDC COVID-19 page: www.cdc.gov/coronavirus/2019-ncov/index.html

Jackson County Health and Human Services: http://jacksoncountyor.org/hhs/COVID-19

###