



# JACKSON COUNTY

Health & Human Services

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Public Health Division

140 S. Holly St.  
Medford, OR 97501

## COVID-19 Update 4/13/20

	CASES	FATALITIES
WORLD (4/13/20, per Johns Hopkins)	1,897,373	118,304
USA (4/13/20, per Johns Hopkins)	568,176	22,861
OREGON (4/12/20, per OHA)	1,584	53
JACKSON COUNTY(4/13/20, per JC HHS)	47	0

(Note: The above numbers are current at the time of release, but continue to change constantly.)

### PRESS RELEASE ON BEHALF OF JACKSON COUNTY

If you have any questions, or would like an interview, please reach out to the contact listed below.

FOR IMMEDIATE RELEASE: April 13, 2020

For media interviews with Dr. Jim Shames, Jackson County Medical Director, please contact Tanya Phillips by 12:30 pm. Dr. Shames will be available between 1:00 pm and 2:00 pm.

Tanya Phillips  
Health Promotion Program Manager  
Jackson County Public Health  
(541) 770-7708  
[phillitf@jacksoncounty.org](mailto:phillitf@jacksoncounty.org)

### Jackson County Public Health Reports New COVID-19 Cases, Emphasizes Importance of Practicing Physical Distancing to Flatten the Curve

[Medford, Oregon] — April 13, 2020, Jackson County Public Health is reporting one new COVID-19 case. This brings the total to 47 cases in Jackson County. At this time, there are no fatalities from COVID-19 reported in Jackson County. For demographic data on the total cases, please access the Jackson County HHS COVID-19 webpage. This data is located under the [Jackson County Daily Situational Update](#) tab.

This week will continue to bring Southern Oregon sunshine and warm weather. This time of the year is when many of us attend or play in sporting events, have family gatherings, and enjoy other outdoor activities. For high school seniors, this time is usually spent hanging out with friends, creating new memories, and participating in other rites of passage as their high school journey comes to an end.

Your efforts in physical distancing and following the recommendation to “Stay Home. Save Lives.” is working to flatten the curve and slow the spread of COVID-19 in Jackson County and the state of Oregon. It remains very important that everyone continues to practice physical distancing when out in public accessing essential services, wear an alternative mask when in public, stay at home whenever possible, wash their hands frequently, avoid hosting or attending in-person social gatherings, and isolate themselves from others when feeling sick. By continuing to use these strategies, we will continue to flatten the curve in our community, and this will benefit everyone in Jackson County.

The guidance for exercising outdoor has not changed. You are still permitted to exercise outdoors as long as you are able to maintain a distance of 6 feet from other people. Here are some ideas on how you can enjoy the sun while remaining close to home and still flatten the curve:

- If you're able to maintain physical distancing, enjoy the outdoor areas of your residence.
- Have an outdoor picnic at your residence with the people you live with.
- Have a virtual picnic with friends.
- Get things done at home, such as gardening or washing your car.
- Open doors and windows to get fresh air while remaining inside.
- Enjoy solo physical activities or those with members of your immediate household such as walking, biking, running or rolling.
- Wave to your neighbors from a distance. Let them know you're happy to see them.

When enjoying this beautiful weather, please don't:

- Participate in group sports
- Hike on crowded trails
- Attend social gatherings
- Travel

**And, please don't go out if you're sick.**

We appreciate everyone's commitment to staying home and saving lives; your actions are making a difference. We also understand how hard this is for our youth in Jackson County, but it is important that young people know that the actions they are taking to follow the recommendations are making a difference in their community. As we continue through this uncertain time, we ask that you continue to be kind to one another, give each other grace and show gratitude.

For more information:

The public can call 211-information with general questions

OHA Emerging Respiratory Disease page: [www.healthoregon.org/coronavirus](http://www.healthoregon.org/coronavirus)

CDC COVID-19 page: [www.cdc.gov/coronavirus/2019-ncov/index.html](http://www.cdc.gov/coronavirus/2019-ncov/index.html)

Jackson County Health and Human Services: <http://jacksoncountyor.org/hhs/COVID-19>

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