



# JACKSON COUNTY

Health & Human Services

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Public Health Division

140 S. Holly St.  
Medford, OR 97501

## COVID-19 Update November 29, 2020

	CASES	FATALITIES
WORLD (11/29/20, per Johns Hopkins)	62,515,111	1,456,621
USA (11/29/20, per Johns Hopkins)	13,291,126	266,357
OREGON (11/28/20, Per OHA)	72,506	896
JACKSON COUNTY(11/29/20, per JC HHS)	3,826	31
TOTAL ACTIVE/INFECTIOUS CASES – JACKSON COUNTY (11/29/20, per JC HHS) - 693		

(Note: The above numbers are current at the time of release but continue to change constantly.)

PRESS RELEASE ON BEHALF OF JACKSON COUNTY

If you have any questions, please reach out to the contact listed below.

FOR IMMEDIATE RELEASE: November 29, 2020

For media interview requests, please contact Tanya Phillips. Interviews will be scheduled with Dr. Jim Shames, Jackson County Medical Director.

Tanya Phillips Health Promotion Program Manager - Jackson County Public Health  
(541) 770-7708 - [phillitf@jacksoncounty.org](mailto:phillitf@jacksoncounty.org)

### Jackson County COVID-19 Daily Press Release

**[Medford, Oregon]** —Jackson County Public Health reports 57 new COVID-19 cases as of 12:01 am on November 29, 2020. This update brings the total reported COVID-19 cases in Jackson County to 3,826. For additional information, visit the COVID-19 Data Dashboard at [Situation in Jackson County, Oregon](#) webpage. The [Oregon Health Authority's COVID-19 Data Dashboard](#) website does publish Jackson County COVID-19 data.

### How to Prevent the Spread of COVID-19

To prevent the spread of COVID-19, everyone should take the following steps:

- Cover your mouth and nose with a [mask](#)
- [Avoid close contact](#) and keep 6 feet of distance between yourself and people who do not live in your household. The fewer people you are around, the better.
- Wash your hands often
- Clean and disinfect surfaces that are touched frequently with common [EPA registered household disinfectants](#)
- Monitor your health, be alert for symptoms
- Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow, and do not spit

### Holiday Gatherings

If you have not done so already, it is important to get your flu vaccination prior to the holidays. It is not too late to get your flu vaccine. Getting a flu vaccine is more important than ever during 2020-2021 to protect yourself and the people around you from flu and to help reduce the strain on healthcare systems responding to the COVID-19 pandemic.

For holiday gatherings or even other types of formal or informal gatherings and celebrations, celebrating virtually or with members of your own household (who are consistently taking measures to reduce the spread of COVID-19) poses the lowest risk for spread. Your household is anyone who currently lives and shares common spaces in your housing unit (such as your house or apartment). This can include family members, as well as roommates or people who are unrelated to you. People who do not currently live in your housing unit, such as college students who are returning home from school for the holidays, should be considered part of different households. In-person gatherings that bring together family members or friends from different households, including college students returning home, pose varying levels of risk.

- **Gatherings are for well people:** people who are sick, have COVID-19, are a close contact to a confirmed case, have a pending COVID-19 test should not attend gatherings. Limit the number of gatherings you are attending in a two-week period of time. If you are an older person and/or have medical conditions that put you at risk of developing severe complications from COVID-19, it is best not to attend gatherings.
- **Increase indoor ventilation:** ensuring proper ventilation can reduce airborne contaminants, including viruses, indoors. Open window, use HVAC system, consider upgrading filters, turn bathroom fans on and run them continuously, or use a portable air cleaner or purifier. Indoor gathers with poor ventilation pose more risk than those with good ventilation. For more information, visit the [EPA Indoor Air in Homes and Coronavirus](#).
- **Wear a mask-** wear a mask around all people who are outside of your immediate household. Despite feeling safe around family and friends, you can still get COVID-19 and spread it; wearing a mask continues to be an effective way of reducing the spread of COVID-19.
- **Limit the number of guests-** it is best to limit the number of people indoors; the Governor of Oregon has an indoor gathering limit of 6 or fewer people with physical distancing for Jackson County. It is best to only gather with people that live in your household. [Review the statewide freeze for guidance](#).
- **Duration of the gathering -** Gatherings that last longer pose more risk than shorter gatherings. Being within 6 feet of someone who has COVID-19 for a cumulative total of 15 minutes or more greatly increases the risk of becoming sick and requires a 14-day quarantine.
- **Practice physical distancing-** it is best not to travel this holiday season; stay local. There is a travel advisory in place for Oregon, Washington, and California urging against non-essential travel out-of-state travel, ask people to quarantine for 14 days after arriving from another state or country. One way to practice physical distancing is to space out chairs or remain outside.

**Care Facilities, Senior Living Communities, and Congregate Living Settings**

The Oregon Health Authority publishes weekly data on cases and deaths in care facilities, senior living communities, and congregate living settings when there are three or more confirmed cases or one or more deaths. Due to the spike in cases and outbreaks in these settings, Jackson County Public Health will provide daily information on outbreaks in care facilities, senior living communities, and congregate living settings during the surge of cases in Jackson County.

The number of cases includes staff, residents, and close contacts that have been determined to be COVID-19 positive cases and linked to the outbreak. Please note that these outbreaks are under investigation, and data may change daily. Data is from 12:01 am on 11/29/20.

Name of Facility	First Reported	# of COVID-19 Cases	# of COVID-19 Fatalities
Avamere Three Fountains	11/2/20	124	10
Avamere Health Services of Rogue Valley	10/4/20	77	2
Avamere Waterford	11/4/20	4	0
Linda Vista	10/16/20	11	0
Orchard Assisted Living	10/5/20	10	0

Rogue Valley Manor	10/6/20	19	0
Table Rock Memory Care	11/8/20	108	7

For more information:

- The public can call 211-information with general questions
- OHA Emerging Respiratory Disease page: [www.healthoregon.org/coronavirus](http://www.healthoregon.org/coronavirus)
- CDC COVID-19 page: [www.cdc.gov/coronavirus/2019-ncov/index.html](http://www.cdc.gov/coronavirus/2019-ncov/index.html)
- CDC Travel within the U.S.: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>
- Jackson County Health and Human Services: <http://jacksoncountyor.org/hhs/COVID-19>
- Oregon COVID-19 Testing Location Finder: <https://govstatus.egov.com/or-oha-covid-19-testing>
- For more information on how to celebrate the holidays safely, visit the [CDC COVID-19 Holiday Celebrations](#) webpage.
- Review the [Statewide Mask, Face Covering, Face Shield Guidance](#) for detailed information

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