

PUBLIC SAFETY COORDINATING COUNCIL

MINUTES

TUESDAY,
March 23, 2021

11:30

ZOOM VIDEO CONFERENCE

MEETING CALLED BY	Eric Guyer
ATTENDEES	Joshua Aldrich, Tiffany Atkinson, Lee Ayers, Dave Bellamy, Meesha Blair, Dave Carter, Scott Clauson, Doug Engle, Deltra Ferguson, Joe Ferguson, Dustin Fortado, Eric Guyer, Beth Heckert, Barbara Johnson, Danny Jordan, Tyler Lee, Jennifer Lind, Leticia Longoria-Navarro, Lorenzo Mejia, Robert Mountain, Jennifer Mylenek, Michael Parsons, Julia Pinsky, Tina Qualls, Jazmin Ramirez, Mark Reagles, Patrick Schreiner, Nathan Sickler, Rita Sullivan, Brittany Whitmire

- Eric Guyer opened the meeting at 11:30
- Opening Remarks: Eric Guyer welcomed everyone to the March PSCC meeting.

Agenda Topics

MINUTE ADOPTION – FEBRUARY

ERIC GUYER, CHAIR

DISCUSSION	
Two suggested revision were identified for the February minutes, to change "crime defenses" to "crime offenses". Judge Mejia provided a motion to adopt, seconded by Sheriff Sickler. A roll call vote was requested, all were in favor, and none were opposed. The February minutes were officially adopted, with suggested revisions.	

2021-2023 JUVENILE CRIME PREVENTION PLAN

DISCUSSION	
<i>Joe Ferguson, Deputy Director, Jackson County Juvenile Services</i>	
JUVENILE DIVISION OVERVIEW	
<u>Probation</u>	
<ul style="list-style-type: none"> • 10 Probation Officers • 4 - Intake and Assessment Services • 4 - Community Probation Services • 2 - Diversion Services • Probation programs and services are designed to meet the needs of the victims, community and youth with an emphasis on community safety, accountability and competency development. • Youth are referred to a number of programs based on level of risk, needs and supervision requirements. The youth targeted for community supervision are at a higher risk to re-offend and need a higher level of supervision. • Community supervision allows these youth to remain in the community rather than being incarcerated in a state facility. • New referral (police reports) screenings, risk assessments, diversion agreements, developing and implementing case plans, community supervision (probation), home visits, school visits, referrals to community-based treatment services, and skill development 	
<u>Detention</u>	
<ul style="list-style-type: none"> • Capacity: 40 Total Detention Beds in Two 20 Bed Units • Current Staffing (1:8) for 16-24 Detention Beds Based on Utilization • Full Time Educational Program by Medford School District • STEM Classroom and Chromebook Addition • Daily Recreation • Evidenced-Based Skill Development Groups • Active Interaction and Supervision by Staff • Mental Health and Substance Use Services by Options of Southern Oregon • Medical Services by Wellpath 	
<u>Residential</u>	
<ul style="list-style-type: none"> • Capacity: 15 beds • Current staffing (1:5) for 10 Beds Based on Treatment Services and Needs • Full Time Educational Program by Medford School District • STEM Classroom and Chromebook Addition • Daily Recreation (both on and off-site) • Evidenced-Based Skill Development Groups and Individual work • Active Interaction and Supervision by Staff 	

- Mental Health and Substance Use Services by Options Of Southern Oregon
- Medical Services by Wellpath
- Off-site and Home Visits with Parents/Guardians

JUVENILE CRIME PREVENTION PLAN

- Funding is administered by the Youth Development Division as part of the Oregon Department of Education.
- Each County has a designated lead agency and for Jackson County this is the Juvenile Division of Community Justice.
- Each biennium the plan must be completed and approved by the local public safety coordinating council.
- Juvenile Crime Prevention Plan is part of a continuum of funding we receive from the State of Oregon

2021-2022 Budgeted

8% of total Juvenile Division Budget

• Juvenile Crime Prevention	\$115,201	Youth Development Division
• Basic Services	\$246,455	Oregon Youth Authority
• Diversion Services	\$209,173	Oregon Youth Authority

Juvenile Crime Prevention

Provides an alternative to detention, case management services for youth behavioral and vocational skill development, youth transitioning from detention or residential and ensuring the reconnection to an approved educational program.

Basic Services

Provides for 2.0 FTE staff in detention and contracted medical services.

Diversion Services

Provides for 1.0 FTE for probation intensive supervision, 2.0 FTE staff in detention and contracted mental health services.

STATISTICAL DATA

Totals by Referrals and Youth

- Criminal referrals consist of 66% of the total referrals to the division.
- Youth residing in Medford represent 58% of the total referrals
- 2019-2020 showed the first increase in overall referrals in 5 years with strong increases before falling off in quarter 4 due to COVID
- Assault 3, robbery 1, disorderly conduct, Theft 1, burglaries, criminal mischief 1, UUMV

Initial Assessments

- 268 completed at time of a new criminal offense and meeting with a probation officer.
 - 45% of youth were low risk; 35% medium risk; and 20% high risk.
- 64% of youth had school issues as a risk domain;
- 71% for peer and other relationships;
- 78% behavior issues;
- 54% family functioning;
- 39% substance use; and
- 18% attitudes, values and beliefs.

Reassessments

- 135 completed on youth who were on probation.
 - 21% of youth were low risk; 67% medium risk; and 12% high risk.
- 62% of youth had school issues as a risk domain;
- 98% for peer and other relationships;
- 100% behavior issues;
- 80% family functioning;
- 80% substance use; and
- 49% attitudes, values and beliefs.

Disposition of Referred cases

- Commitments to OYA has remained consistent at 3%-7%
- Slight increase in division cases over the last year
- Probation saw a 27% increase over the last year
- There were no youth waived to adult court last year

Detention Population

- Detention population has been on a decline for the last 5 years, as has the average daily population which was 16 in 2018-2019 and 14 in 2019-2020
- The average length of stay has increased over the past 2 years from 15 days to 18 days.

Recidivism

- Last two years of available data has shown a decrease in Jackson County (27% to 23%) and flat statewide 29%

Juvenile Crime Prevention Plan

- The *Juvenile Crime Prevention Risk Assessment* tool will be used to capture the risk levels of youth in the program.
 - This tool is used as a measurement of public safety and the likelihood of a youth receiving an additional criminal referral within 12 months.
 - All medium and high-risk youth referred to the division will be served who are experiencing barriers in school, relationships, behavior, family functioning, substance use, attitudes, values and belief and vocational skills.
 - All services will be delivered using a strength based, restorative, trauma informed and evidence-based best practices approach.
- The Accountability, Skills, Transition, and Education Program (ASTEP) provides:
 - An alternative to detention for technical probation violations or violations of conditional releases or diversion agreement.
 - Cognitive and vocational skill development.
 - Reconnection for youth as they transition from detention and residential programs to an approved educational program in the community.
 - Tutoring services.
 - Incentives to reinforce positive behavior and effort of youth.

ANNUAL BUDGET

Case Manager	\$89,701	(Probation Officer – 90% of salary)
Skills Trainer	\$12,500	(Extra Help Skills Trainer)
Tutoring	\$10,000	(Medford School District)
Incentives	\$3,000	(Gift cards, clothing, snacks, etc.)

Questions/Discussion

Joe added that other than renaming the program to ASTEP, the last year they added the piece about youth leaving detention and/or the residential program and ensuring connection back to their school district.

Judge Mejia commented on the 66% of referrals that in from the police, and asked if schools and parents make up the rest of it.

Joe clarified that of the overall referrals; 66% are criminal in nature, and the rest are non-criminal such as violations, minor-in-possessions, or runaways.

Jennifer Lind commented that it was interesting seeing the gender demographics in kids, it appeared that while the numbers are not dramatically different the proportionality of females is growing. Jennifer asked if they are keeping track of other demographics. In previous presentations Joe shared a little around race, language, and possibly others. Joe replied that they do keep track of those other demographics and it is all accessible on their website. They do 12-year data trends on those pieces and break it up by age, race, ethnicity etc. Jennifer asked if they are seeing any other real shifts in proportionality. Joe replied no, they are all pretty consistent percentage wise, they are still seeing higher percentage of Hispanic youth coming in.

2021-2023 JUVENILE CRIME PREVENTION PLAN ADOPTION

ERIC GUYER, CHAIR

DISCUSSION

Jennifer Mylenek provided a motion to approve, seconded by Dave Carter. A roll call vote was requested, all were in favor, and none were opposed. The 2021-2023 Juvenile Crime Prevention plan was officially approved by the LPSCC members.

THE PATHFINDER NETWORK: THE POWER AND UTILITY OF PEER SUPPORT – THE RESILIENCE AND RECOVERY PROJECT

DISCUSSION

Leticia Longoria-Navarro, Interim Executive Director, The Pathfinder Network

Participant success

Determined by:

- 40% - Individual factors
- 30% - Working relationship with helper
- 15% - Intervention type
- 15% - Hope and expectation

What we do and how we do it matters!

"Because of peer support I am alive!" – Melodie

What is peer support?

- Peer support encompasses a range of activities and interactions between people who share similar experiences. This mutuality (often called "peerness") between a peer support and a person seeking change promotes connection and inspires hope.
- Peer support offers a level of acceptance, understanding, and validation not found in other professional relationships.
- By sharing their own lived experience and practical guidance, peer supports help people to develop their own goals, create strategies for self-empowerment, and take concrete steps towards building fulfilling, self-determined lives for themselves.

"When I needed someone to walk beside me, peer support was there." – Steve

What does a peer support do?

- Inspire hope that people can and do change and recover
- Walk with people on their journey
- Dispel myths and break down barriers
- Share information and link people to tools and resources
- Support people in identifying their goals, hopes, and dreams, and creating a roadmap for getting there
- Collaborate with system partners to support success of peers

The focus of long-term peer support goes beyond the reduction or elimination of symptoms to encompass self-actualization, community and civic engagement, and overall wellness

"Peer support allowed me to feel normal." - Jean

Power and Utility of Peer Support

Emerging research shows that peer support is effective. Benefits include:

- Increased self-esteem and confidence
 - (Davidson, et al., 2012)
- Increased sense of control and ability to bring about changes in their lives
 - (Davison, et al., 2012)
- Raised empowerment scores
 - (Davidson, et al., 1999; Dumont & Jones, 2002; Ochoka, Nelson, Janzen, & Trainor, 2006; Resnick & Rosenheck, 2008)
- Increased sense that treatment is responsive and inclusive of needs
 - (Davidson, et al., 2012)
- Increased sense of hope and inspiration
 - (Davidson, et al., 2006; Ratzlaff, McDiarmid, Marty, & Rapp, 2006)
- Increased empathy and acceptance
 - (Coatswortha Puspokey, Forchuk, & Warda Griffin, 2006; Davidson, et al., 1999)
- Increased engagement in self care and wellness
 - (Davidson, et al., 2012)
- Increased social support and social functioning
 - (Kirtz, 1990; Nelson, Ochocka, Janzen & Trainor, Shepherd, Boydell, Leff, & Crawford, 1997; Yanos, Primavera, & Knight, 2001)
- Decreased psychotic symptoms
 - (Davidson, et al., 2012)
- Reduced hospital admission rates and longer community tenure
 - (Chinmane, Weingarten, Stayner, & Davidson, 2001; Davidson, et al., 2012; Forchuk, Martin, Chan, & Jensen, 2005; Min, Whitecraft, Rothbard, Salzer, 2007)
- Decreased substance use and depression
 - (Davidson, et al., 2012)
- Improved relationship with treatment providers
 - (Sanders et al., 1998; Andreas et al., 2010)
- Increased treatment retention
 - (Mangrum, 2008; Deering et al., 2011; Tracy et al., 2011)
- Increased satisfaction with the overall treatment experience
 - (Armitage et al., 2010)
- Improved access to social supports
 - (O'Connell, ND; Bolsvert et al., 2008; Andreas et al., 2010)
- Greater housing stability
 - (Ja et al., 2009)
- Decreased criminal justice involvement
 - (Rowe, et al., 2007; Mangrum, 2008)

- Decreased emergency service utilization
 - (Kamon & Turner, 2013)
- Reduced relapse rates
 - (Boisvert et al., 2008)
- Reduced re-hospitalization rates
 - (Min et al., 2007)

"When I saw that other people recovered it gave me hope that I could too." - Corinna

Resilience & Recovery Project- A Peer Support Program for Justice-Involved Individuals
Dustin Fortado, Peer Support Program Manager, The Pathfinder Network

Our goal

The Resilience & Recovery Project (R&R Project) walks alongside justice involved individuals to build individual, social, and community resources that promote long term resilience and recovery, successful completion of supervision and successful reintegration into the community.

Peer Support Specialists with lived experience engage participants in a goal oriented collaborative relationship and provide personalized support through holistic and responsive individual and group support services. We work together to reinforce successes to build self-efficacy, hope and resilience whether participants need one-time, short term or long-term support.

R&R Project Supports and Services

R&R Project supports include:

- Ongoing wraparound peer support and service navigator
- Drop-in support at Jackson County Community Justice
- Transition support at Jackson County Transition Center
- Basic needs support and incentives

Services for participants include:

- Cognitive-behavioral and trauma-coping skills classes
- Development of a Resilience & Recovery Action Plan (R&R Plan)
- Peer support groups
- Special topic workshops
- Peer support events

Creating Regulation and Resilience (CR/2)

- An evidence based, trauma and resiliency informed communication model that enables professionals and helpers to interact with justice involved individuals more effectively and create safer and more productive agencies and programs.
- Helps professionals and helpers to manage their own stress and work with system-impacted individuals to connect with their strengths, set goals, address immediate issues, create safety and stability, and build skills.
- Cutting-edge and designed specifically to enhance in-the-moment interactions. There are 2 distinct phases:
 - Regulation: Use strategies to help build regulation (calm and balance)
 - Resilience: Work with participants to build resilience (engage in effective action)
- Phase 1- Create Regulation
 - HEAR: Hold On, Elicit, Acknowledge, Review

Phase 1 HEAR Strategies: Anchor Skills and Outcomes

STRATEGIES	ANCHOR SKILLS	OUTCOMES
Hold On	Pause Anticipate	<ul style="list-style-type: none"> • We feel regulated and in control. • We are able to consider a variety of possibilities to explain their behavior.
Elicit	Open-ended questions	<ul style="list-style-type: none"> • We have a clearer understanding of the context in which the behavior occurred.
Acknowledge	Reflective listening	<ul style="list-style-type: none"> • We are able to accurately reflect their feelings and thoughts.
Review	Summarize Support autonomy	<ul style="list-style-type: none"> • We can summarize content. • We respect their decision to move forward.

- Phase 2 – Build Resilience
 - REPAIR: Reflect, Explore, Plan, Affirm, Individual, Review

Phase 2 REPAIR Strategies: Anchor Skills and Outcomes

STRATEGIES	ANCHOR SKILLS	OUTCOMES
Reflect	Acknowledge interests Clarify agency parameters	<ul style="list-style-type: none">• We can clearly reflect their interests.• We have clarified relevant parameters.
Explore	Collaborative problem-solving	<ul style="list-style-type: none">• We invite them to participate in collaborative goal setting and/or problem-solving.• We work with them to:<ul style="list-style-type: none">• generate options• evaluate options and pick one
Plan	Goal setting	<ul style="list-style-type: none">• We work with them to:<ul style="list-style-type: none">• transform options into goals• explore potential barriers• generate action steps
Affirm	Reinforce individual strengths and efforts	<ul style="list-style-type: none">• We affirm and reinforce strengths and efforts to use adaptive strategies and skills.
Review	Summarize Strengthen commitment	<ul style="list-style-type: none">• We summarize the highlights of the CR/2 communication, including major issues or concerns, goals, and strengths.• We encourage efforts to go forward by affirming commitments.• We follow up when possible.

CR/2 Throughout the Process of Supporting Change

- Beginning
- Role Clarification
- R&R Capital Scale
- Normative Feedback
- R&R Action Plan
- Resources and Referrals
- Teach Cognitive Behavioral Skills
- Use Behavioral Practices & Incentives
- Collaboration
- Documentation
- Review Progress
- Assess Impact
- Ending

Resilience & Recovery Capital Scale and Action Plan

- Navigating Needs
- Resilience and Recovery Capital
- Goals
- Whole health and R&R factors
- Finding Personal Incentive
- Values
- Reducing risk & using my resources
- Warning signs
- Strengths
- Vision board
- Strategies and resources
- Support network
- R&R Maintenance Lists

"Peer support had been there for me no matter what, and now I am able to help others..." - Liza

Tiffany Atkinson, CRM, Lead Peer Support Specialist, The Pathfinder Network

What does this look like from the role of a peer?

Tiffany mentioned the successes experienced so far in this collaboration with Jackson County Community Justice. Peers get people to engage in a way they never have before. They are able to meet clients where they are at, such as their places of residence, whether it be by the railroad track or a hotel, and they assist clients in breaking barriers. Peers are able to navigate many resources and even provide financial assistance in some circumstances.

Tiffany has many years of lived experience with the justice system, and seeing how the probation office and staff has grown is inspiring. There are negative stigmas surrounding addicts and justice-involved individuals and Tiffany says that it is a strong message of hope for clients to hear Tiffany's story and see her now working with Parole and Probation officers.

Tiffany acknowledged how much has changed with the Parole and Probation officers now, and mentioned the change in the atmosphere of the Parole and Probation office. In Tiffany's experience it helped her to have another individual with lived experience guide her when she was needing the help. Tiffany expressed the belief she has in the work they are doing, and the honor it is to be able to work with Jackson County Community Justice and peers.

Leticia added that she has been on site at the Parole/Probation office the last two days and she has enjoyed being able to see the work happening. She mentioned that the following afternoon there would be a group running in the group room, peers in the office doing intakes, and peers in the lobby greeting clients. She commented that this community should be proud of the wrap-around services and collaboration happening with Jackson County Community Justice and many partners who care about our justice-involved individuals.

Patrick Schreiner, Evidence-Based Policy Advisor, The Pathfinder Network

Patrick has worked in community corrections for 35 years, and in retirement the last 3.5 years he has trained and consulted around the state and around the country with Dr. Latessa's program in implementing evidence-based practices. Patrick believes that Jackson County is leading the state and evolving in evidence-based practices in parole and probation. In his experience on-site at the parole and probation office in Jackson County, he felt an inviting atmosphere, there is collaboration between PO's and peers which increases accountability and reduces recidivism.

Patrick referred back to the CR/2 "Throughout the Process of Supporting Change"

CR/2 Throughout the Process of Supporting Change

- Beginning
- Role Clarification
- R&R Capital Scale
- Normative Feedback
- R&R Action Plan
- Resources and Referrals
- Teach Cognitive Behavioral Skills
- Use Behavioral Practices & Incentives
- Collaboration
- Documentation
- Review Progress
- Assess Impact
- Ending

Patrick recalled when Dr. Latessa stated, "You can't just hire a friend, what are you doing with them?" In looking at the evolution of peer support they are continuing to grow, use evidence and research on how they work with people. Then take what is effective in correctional supervision and evidence-based practices and what is seen is something that is so powerful in motivating people.

Patrick has had a lot of experience teaching PO's cognitive behavioral skills, but what they did not have at the time was the knowledge surrounding creating regulation and resilience. What would happen is that the PO would teach it, and the client would receive it, but neither was ready. The client would not be regulated and perhaps would be emotionally upset or under the influence, but the intervention would be forced because they did not know enough. In the evolution of learning, peers now look at the relationship first and getting people involved, then they teach the skills. Patrick believes this was a missing piece when he started teaching PO's. Lastly, Patrick added that Jackson County has hired outstanding, empathic, and relatable peers that work well with the PO's and he appreciates the opportunity to be able to work with these folks.

Questions/Discussion

Judge Mejia asked if the peers are required to go out into the field side-by-side with PO's and he asked if peers are able to go out and meet individuals on their own without PO's present.

Leticia responded that most of the work the peers do in the community is done on their own. If there are situations that are happening outside of the office where peers may have the opportunity to say something differently or propose it differently peers can help, but most of the work is done out in the community on their own without PO's present.

Eric thanked Joe and the Pathfinder Network for their presentation today.

**Next Scheduled PSCC Meeting: April 27, 2021
Meeting Adjourned: 12:45 pm**