Update on COVID-19 Cases in Jackson County

On April 9, 2020, Jackson County Public Health reported two new COVID-19 cases. This brings the total to 43 cases in Jackson County. At this time, there are no fatalities from COVID-19 reported in Jackson County.

In Jackson County, all age groups now have at least one confirmed case. For demographic data on the total cases, please access the Jackson County HHS COVID-19 webpage. This data is located under the Jackson County Daily Situational Update tab.

State Updates

Updated Guidance for Faith Communities and Faith-Based Organizations
Oregon Health Authority has provided an update on their guidance for faith communities and faith-based organizations in Oregon. The guidance was released on April 9, 2020 and is located on the Oregon Health Authorities COVID-19 website. Please click on the hyperlink to access the document directly Guidance for Faith Communities and Faith-Based Organizations.

Long Term Care Facilities Tracking COVID-19
The Department of Human Services is posting twice weekly updates on facilities that have reported confirmed cases of COVID-19 or have tests pending. To see the most recent lists, please visit: https://www.oregon.gov/DHS/COVID-19/Pages/LTC-Facilities.aspx

This webpage also details some of the steps that the Department has taken to work with facilities to focus on prevention and to contain infections when they occur.

Warmer Weather and Practicing Physical Distancing

In the days ahead, we are going to experience sunshine and warm weather in Jackson County and most of Oregon. Understandably, many of us will want to go outside and feel the warmth of the sun. Today, we want to provide you guidance on how to stay safe and save lives while enjoying the great weather.

Your efforts in physical distancing and following the recommendation to “Stay Home. Save Lives.” is working to flatten the curve and slow the spread of COVID-19 in
Jackson County and Oregon as a whole. We must continue life-saving physical distancing and limit the number of times we are accessing essential services (groceries, medical care, pharmacies).

The guidance for exercising outdoor has not changed. You are still permitted to exercise outdoors as long as you are able to maintain a distance of 6 feet from other people. Here are some ideas on how you can enjoy the sun and still flatten the curve:

- If you’re able to maintain physical distancing, enjoy the outdoor areas of your residence.
- Have an outdoor picnic at your residence with the people you live with.
- Have a virtual picnic with friends.
- Get things done at home, such as gardening or washing your car.
- Open doors and windows to get fresh air while remaining inside.
- Enjoy solo physical activities or those with members of your immediate household such as walking, biking, running or rollerblading.
- Wave to your neighbors from a distance. Let them know you’re happy to see them.

When enjoying this beautiful weather, please don’t:

- Participate in group sports
- Hike on crowded trails
- Attend in-person social gatherings
- Travel

And, as always, please don’t go out if you’re sick.

Staying close to home on a beautiful Oregon day is difficult. We appreciate everyone’s commitment to staying home and saving lives. As we continue through this uncertain time, we ask that you continue to be kind to one another, give each other grace and show gratitude.

For more information:
The public can call 211-information with general questions
OHA Emerging Respiratory Disease page: www.healthoregon.org/coronavirus
Jackson County Health and Human Services: http://jacksoncountyor.org/hhs/COVID-19

The mission of Jackson County Health and Human Services is to plan, coordinate and provide public services that protect and promote the health and well-being of county residents.